



Breakfast at Egg Works and Egg & I and Awkwardly Important Financial Topics

Welcome back to Clark County Credit Union's podcast, *The Perfect Bite!* What is the perfect bite? That mix of flavors, textures, colors, and aromas that come together in one amazing amuse-bouche. Welcome to your perfect bite of food, finances, and your future self. Join Clark County Credit Union for your weekly serving of food reviews from local restaurants, personal finance tips, and action to realize your goals and dreams.

This is Episode #11 and you'll join co-hosts Crystal Price and Shannon Hiller from Clark County Credit Union as they dive deep into the local breakfast favorites Egg Works and Egg & I. Listen to the episode on [Apple Podcasts](#), [Spotify](#), [Google Podcasts](#), and your other favorite podcast spots – follow and leave a [5-star review](#) if you're enjoying the show!

- Episode Summary & Player
- Show Notes
- *The Perfect Bite* Summary

***The Perfect Bite* Episode #11: Breakfast at Egg Works and Egg & I and Awkwardly Important Financial Topics**

In this eleventh bite, join co-hosts Crystal Price and Shannon Hiller from Clark County Credit Union as they dive deep into the local breakfast favorites Egg Works and Egg & I, discuss taboo-but-important financial topics, and do an exercise in visualizing your future self. Hear the tastiest egg dishes at the Vegas staple, how to talk retirement and estate planning with your family, and how picturing your future self can actually make you happier. This episode covers everything from delicious breakfast foods to winning the lottery. Here's a small sample of what you will hear in this episode:

- How was Egg Works and Egg & I?
- Why do generations differ on talking about finances?
- Has Shannon had any conversations with her parents about retirement?
- What would you do if you won the lottery?
- Where do you see yourself in 10 years?
- What financial topics should we be discussing with our family?
- How does your future self tie to happiness?
- What is estate planning?

Learn more and play the Banzai game at CCCVLV.org.

Check out the episode and show notes below for much more detail.

Show Notes

- **Breakfast at Egg Works and Egg & I and Awkwardly Important Financial Topics**
 - [0:09] Welcome to [The Perfect Bite](#)
 - [0:24] Learn more and play the Banzai game at CCCVLV.org
 - [0:35] [Crystal Price](#), [Shannon Hiller](#)
 - **Food: Egg Works and Egg & I**
 - [1:02] [Egg Works and Egg & I](#)
 - [1:41] [Graveyard Shift](#)
 - [1:58] What does Crystal order at Egg Works and Egg & I?

- [4:08] Email us at ThePerfectBite@CCCULV.com
- [4:13] [Open an account](#) with Clark County Credit Union today
- **Finances: Awkwardly Important Financial Topics**
- [4:52] “[7 ‘Taboo’ Money Topics We Should Be Openly Discussing](#)”
- [5:08] “[When the Pandemic Forced Young Adults to Move Back Home, They Got a Financial Education](#)”
- [5:21] Why do generations differ on talking about finances?
- [6:18] [Retirement Plan](#)
- [7:01] Has Shannon had any conversations with her parents about retirement?
- [8:00] Play the Banzai game at CCCULV.org
- [8:42] [Estate Planning](#)
- [9:03] [Will](#)
- [10:21] [Podcast](#)
- [11:51] [Ep. 1: Financial Questions to Ask Your Future Spouse; Pin Kaow Review](#)
- [12:17] What would you do if you won the lottery?
- [14:03] What would you absolutely not live without if you had less money?
- [14:21] [Internet](#)
- [15:43] What would Crystal’s husband not be able to live without?
- **Future Self: How Picturing Your Future Self Can Make You Happier**
- [17:02] “[How thinking about ‘future you’ can build a happier life](#)”
- [17:34] Where do you see yourself in 10 years?
- [19:38] “[Future self-continuity: how conceptions of the future self transform intertemporal choice](#)” by Hal Hershfield
- [20:14] [Venn Diagram](#)
- [20:37] Where does Crystal sit?
- [21:52] [Savings Account](#)
- [22:08] [Fitness](#)
- [22:36] [Old Person Filter](#)
- [24:04] Learn more and play the Banzai game at CCCULV.org
- Theme Song: Happy Today by Joystick

How do I learn more about Clark County Credit Union?

Thanks for listening to *The Perfect Bite*. Learn more at CCCULV.org and check out the financial resources at CUinsight.com