



Saffron Flavors of India and Financial Advice for Your Younger Self

Welcome back to Clark County Credit Union's new podcast, *The Perfect Bite!* What is the perfect bite? That mix of flavors, textures, colors, and aromas that come together in one amazing amuse-bouche. Welcome to your perfect bite of food, finances, and your future self. Join Clark County Credit Union for your weekly serving of food reviews from local restaurants, personal finance tips, and action to realize your goals and dreams.

This is Episode #9 and you'll join co-hosts Crystal Price and Shannon Hiller from Clark County Credit Union as they put their spiciness tolerance to the test at Saffron Flavors of India. Listen to the episode on [Apple Podcasts](#), [Spot ify](#), [Google Podcasts](#), and your other favorite podcast spots – follow and leave a [5-star review](#) if you're enjoying the show!

- Episode Summary & Player
- Show Notes
- *The Perfect Bite* Summary

The Perfect Bite Episode #9: Saffron Flavors of India and Financial Advice for Your Younger Self

In this ninth bite, join co-hosts Crystal Price and Shannon Hiller from Clark County Credit Union as they put their spiciness tolerance to the test at Saffron Flavors of India, share real-life financial lessons submitted by their Facebook community, and get SMART with financial goals. You'll learn what to order if it's your first time at an Indian restaurant, the biggest financial regrets and how to avoid them, and a helpful worksheet to keep you focused on saving money. This episode covers everything from chicken tikka masala to SMART goals. Here's a small sample of what you will hear in this episode:

- How was Saffron Flavors of India?
- What was Shannon's heat level?
- How do you save money every day?
- What is Chicken Tikka Masala?
- Why shouldn't you spend more than you earn?
- What is Overdraft Protection?
- Why shouldn't you believe everything people tell you about your credit?
- What are SMART goals?

Learn more at CCCULV.org and try out the SMART savings goal worksheet https://files.consumerfinance.gov/f/documents/cfpb_building_block_activities_setting-smart-savings-goal_worksheet.pdf.

Check out the episode and show notes below for much more detail.

Show Notes

- **Saffron Flavors of India and Financial Advice for Your Younger Self**
 - [0:08] Welcome to [*The Perfect Bite*](#)
 - [0:22] Learn more at CCCULV.org and try out the SMART savings goal worksheet https://files.consumerfinance.gov/f/documents/cfpb_building_block_activities_setting-smart-savings-goal_worksheet.pdf
 - [0:33] [Crystal Price](#), [Shannon Hiller](#)
 - **Food: Saffron Flavors of India**
 - [1:28] [Saffron Flavors of India](#)
 - [1:39] [Marketing](#)
 - [2:00] [Chicken Tikka Masala](#)
 - [2:12] What was Shannon's heat level?

- [3:00] [Tandoori Roti](#)
- [3:11] [Pandemic](#)
- [4:10] What was Crystal afraid of?
- [4:21] What is [vindaloo](#)?
- [5:12] Email us at ThePerfectBite@CCCULV.com
- **Finances: Financial Advice for Your Younger Self**
- [5:54] Thank you to our [Facebook community](#)!
- [6:15] Save money every day, even if just your change
- [7:11] [Round Up, Acorns](#)
- [8:03] Don't spend more than you earn
- [8:23] [Weight Loss App](#)
- [8:42] What is [Overdraft Protection](#)?
- [9:23] [Payday Loans](#)
- [9:37] [Line of Credit](#)
- [9:54] [Online Banking](#)
- [10:11] Don't believe everything people tell you about your credit
- [10:24] [Social Media, TikTok](#)
- [10:53] [Podcast](#)
- [11:17] Learn more at CCCULV.org
- [12:08] [FICO Score](#)
- [12:27] [FOMO](#) (Fear of Missing Out)
- [13:04] [Credit Card](#)
- [14:07] [College, UNLV](#) (University of Nevada, Las Vegas)
- [14:52] [Open an account](#) with Clark County Credit Union today
- **Future Self: SMART Savings Goals**
- [15:24] [The Happiness Project](#) by Gretchen Rubin
- [15:47] What are [SMART goals](#)?
- [16:21] What's the hardest part of SMART goals?
- [17:00] Learn more at CCCULV.org and try out the SMART savings goal worksheet
https://files.consumerfinance.gov/f/documents/cfpb_building_block_activities_setting_smart_savings_goal_worksheet.pdf
- Theme Song: Happy Today by Joystick

How do I learn more about Clark County Credit Union?

Thanks for listening to *The Perfect Bite*. Learn more at CCCULV.org and check out the financial resources at CUinsight.com